



ЮГОЗАПАДЕН УНИВЕРСИТЕТ „НЕОФИТ РИЛСКИ“

ФАКУЛТЕТ ПО ПЕДАГОГИКА

Катедра „Теория и методика на физическото възпитание“

2700 Благоевград, ул. Иван Михайлов 66; 073 / 588 582; info@swu.bg

INFORMATION PACK

Of a doctoral program

GENERAL CURRICULUM FOR DOCTORAL TRAINING

SCIENTIFIC FIELD: **PEDAGOGICAL SCIENCES**

PROFESSIONAL DIRECTION: **1.3. PEDAGOGY OF EDUCATION IN...**

DOCTORAL PROGRAM: **THEORY AND METHODOLOGY OF PHYSICAL
EDUCATION AND SPORT**

EDUCATIONAL AND SCIENTIFIC DEGREE: **DOCTOR**

NCR LEVEL: **8**

PROFESSIONAL QUALIFICATION: **RESEARCHER**

TRAINING PERIOD: **3 /three / 4 /four/ YEARS**

FORM OF EDUCATION: **REGULAR / SELF-STUDY / PART-TIME**

THE CURRICULUM IS INITIATED WITH **2024**
EDUCATIONAL PLAN IN:

1. GENERAL INTRODUCTION TO DOCTORAL PROGRAM

The Qualification characteristics is in compliance with the Higher Education Act, the Classifier of Higher Education Areas and Professional fields, the Development of the Academic Staff in the Republic of Bulgaria, Regulations for the Application of the Act for the Development of the Academic Staff in the Republic of Bulgaria, the Internal Rules for development of the academic staff of the South -West University "Neofit Rilski", National Qualifications Framework, the Ordinance on the state requirements for acquiring higher education at the educational-qualification levels - SG no. 76 of 6 August 2002, Art. 44a of the Law for amendment and supplement of the Higher Education Act - SG no. 76 / 06.08.2002, art. 44 of The amending act of Higher education act SG, iss. 89 / 12.10.2004. The National Classification of Positions and Professions, Ordinance № 16 of 09.01.2012 (SG, issue 12 of 10.02.2012), the Regulations for structure and activity of South -West University "Neofit Rilski", the Regulations for educational activities and other internal regulations of the university.

2. OBJECTIVES OF DOCTORAL PROGRAMS

The main objective of the doctoral program "Theory of Physical Education and Sports" is to implement a process of in-depth training of personnel to acquire professional competencies for research and teaching activities in the field of physical education and sports training. Areas of scientific knowledge include:

- The theory and methodology of physical education as a purposeful pedagogical process in the various educational stages and degrees in the educational system;
- Theory and methodology of sports training as an adaptation process;
- Philosophical foundations of pedagogy and specifically of the theory of physical education;
- Methodology and metrology of sports-pedagogical research.

The objectives of the doctoral program are justified by the formation and mastery of research competencies and knowledge of the **eighth** level of the National Qualifications Framework: conducting independent research activities requiring fundamental pedagogical training; mastering competencies for research and teaching, expert and management activities in educational organizations.

3. GENERAL QUALIFICATION AND PROGRAM SPECIALIZATION

The doctoral program is intended for continuing education and acquiring the educational and scientific degree "Doctor" in the professional field 1.3. Pedagogy of education in (Theory and methodology of physical education and sports training) of those who have acquired Master's degree.

AREA AND KNOWLEDGE RANGE, SKILLS AND COMPETENCIES OF DOCTORAL STUDENTS

Graduates of the Educational and Scientific Degree "Doctor" in the doctoral program "Theory and Methodology of Physical Education and Sports" in the professional field I.3. Pedagogy of education ... acquire the following knowledge, skills and competencies:

general scientific training (compulsory), is aimed at the formation of knowledge of philosophy, pedagogy, foreign language and other general educational and scientific fields.

4. ACQUIRED KNOWLEDGE, SKILLS AND COMPETENCIES ACCORDING TO THE NATIONAL QUALIFICATIONS FRAMEWORK

1. General scientific training (compulsory):

It is directed at developing theoretical knowledge of philosophy, pedagogy, foreign language and other educational and scientific fields.

2. Special sports-theoretical training (through elective and research training):

In the form of specialized elective courses and through scientific research activity, the program includes training on the topic of the dissertation and related subjects as scientific bases of Theory and Methodology of Physical Education, Theory and methodology of sports training in sports, biomechanics and modeling of sports movements, metrology of Physical Education and Sports, sports statistics, sports physiology, sports psychology, sociology of sports, management of physical education and sports, etc. As a result, the doctoral graduate:

- knows the essence of physical education and sports and its social functions;
- acquires knowledge of the laws and regulations on education and physical education and sports and other legal norms that are relevant to the activities of the doctor;
- knows the structure and functions of state and international institutions (Ministry of Education and Science, Ministry of Youth and Sports, sports federations, associations, etc.), which administer the management of physical education and sports;
- knows the anatomical, physiological and socio-psychological characteristics and features of the human body and their change as a result of physical impacts (according to the topic of the dissertation);
- has knowledge of the age dynamics in the development of the human body under the influence of active sports and competitive activities;
- knows the general and specific motility, according to the chosen sport (according to the topic of the dissertation);
- knows the theory of physical education and sports as a system of scientific knowledge (content and structure of the theory and characteristics of modern systems of physical education and sports training);
- knows the essence of sports training - as a complex multifaceted adaptation process, training as a management process;
- knows the essence of physical activity, fatigue and recovery and sports form as a specific adaptive phenomenon;
- familiar with the health, ethical and pedagogical aspects of Physical Education and Sports (sports injuries, nutrition, recovery, etc.)

3.1 Knowledge (theoretical and / or factual)

The doctoral student in the process of training, teaching and research activities for the development of the dissertation acquires:

- scientific knowledge and competencies in the field of research methodology and technology; knowledge and skills for application of various diagnostic systems of research;
- knowledge for formulating a scientific thesis, hypothesis, conceptual formulation of a scientific problem, etc .;
- knowledge of the types of experiments in the field of Physical Education and competencies for their conduct;
- knowledge and skills for systematization and statistical processing of empirical data;
- to interpret results;
- to illustrate results;
- knowledge and skills for argumentation and proof of scientific statements;
- knowledge for shaping a scientific work (dissertation, monograph, textbook, studies, article, scientific report);
- knowledge and skills for presenting results

3.2. Skills (cognitive and / or practical)

- acquires competencies for conducting independent teaching work with the application of innovative teaching methods;
- has competencies for preparing a curriculum for student training (for seminars and practical exercises);
- competencies for developing projects for financing own research activity and for other purposes;
- applies information technologies

3.3. Independence and responsibility

- trained to show initiative and continuous personal information awareness;
- has knowledge and skills for conducting management activities (in schools, sports schools, sports boarding schools, sports clubs, sports federations, sports clubs, in the field of "Youth and Sports Activities" at the Regional and Municipal Councils, etc.);

3.4. Learning competence

- high-quality professional training;
- cognitive thinking;
- acquires competencies for conducting independent research activities

3.5. Communicative and social competencies

- ability to form and work in a team (research team, project development and management team, etc.);
- speaks a foreign language;
- has knowledge and skills for participation and holding a scientific conference

3.6. Professional competencies

- knows the means, methods and principles of physical education and sports training, depending on the topic of the dissertation;
- knows the specific physical, technical and tactical training depending on the sport studied in the dissertation;
- knows the planning, management and control of physical impacts
- has knowledge and applies the systems of labor organization in schools, sports schools, sports boarding schools, sports clubs, sports federations, etc .;
- has acquired competencies for the implementation of expert activity in positions related to conducting research and practical tasks for the scientific support of sports training of athletes in national and club teams, other expert (consulting) activities to federations, NGOs, etc.

4. AREAS OF PROFESSIONAL REALIZATION

Graduates of the Educational and Scientific Degree "Doctor" in the doctoral program "Theory and Methodology of Physical Education and Sports)" in the professional field 1.3. Pedagogy of education in ..., with the acquired knowledge, skills and competencies are realized in higher education as teachers; teachers of "Physical Education and Sports" with first grade qualification; sports consultants.

The content of the curriculum, the organization of training, the credit system and the internal university system for maintaining the quality of education and research activity in SWU "Neofit Rilski" allow trained professionals to be competitive in the labor market in the country and successfully work in abroad.

CURRICULUM CONTNET

№	NAME OF ACTIVITIES	Form of training and realization			Form of recognition
		CREDITS	HORARIUM	lectures, seminars, laboratory exercises, self-training, consultations, participation, other	exam, current assessment, interview, certificate, report, protocol, certification, other
I. EDUCATIONAL ACTIVITY					
1.	Philosophical foundations of pedagogy and Theory and methodology of Physical education	7.0	210	45 lectures, 45 seminars (90 academic work-load / 120 self-study)	exam
2.	Methodology and methods of sports-pedagogical research	7.0	210	45 lectures, 45 seminars (90 academic work-load / 120 self-study)	exam
3.	Project preparation and management	7.0	210	15 l / 195 self study	Work paper protocol
4.	Elective course 1	7.0	210	30 l / 30 ss (60 a.w-1 / 150ss)	II –III exam
5.	Elective course 2	7.0	210	30 l / 30 ss (60 a.w-1 / 150 ss)	IV-V/ exam exam
TOTAL:		35	1050		
II. RESEARCH ACTIVITY					
1.	Development and presentation of a scientific thesis project	9.0	270	270 self study	report
2.	Development of a dissertation project - first stage. Research and review of literature, presentation of a concept and research instrumentarium.	16.0	480	50 ч consultations 430 self-sudy	report, meeting protocol
3.	Development of a dissertation project - second stage (conducting research on the dissertation)	20.0	600	30 consultations 570 ss	report, meeting protocol
4.	Discussion and analysis of the results of research work on the dissertation.	15.0	450	30 consultations 420 ss	Discussion
5.	Research activity - preparation and publication of publications or reports published in scientific journals.	18.0	540	30 consultations 510 self-study, manuscript development	Report and certificate
6.	Discussion and analysis of the dissertation`s research results	12.0	360	10 consultations	Discussion

				350 ss	
7.	Participation in scientific forums (national or international).	16.0	480	10 consultations 260 ss	Report and certificate
8.	Development of a dissertation`s final version.	9.0	270	10 consultations 260 ss	Report
9.	Presentation of individual chapters from the dissertation	10.0	300	10 consultations 890 ss	Report
	TOTAL :	125	3750		
III. PEDAGOGICAL ACTIVITY					
1.	Teaching activity - conducting seminar, practical and laboratory activities	10.0	300	seminar, practical or laboratory activities	report, head of department`s certification
2.	Consulting students	5.0	150	consultations	report, head of department`s certification
3.	...				
4.	...				
5.	...				
6.	...				
	TOTAL :	15	450		
IV. OTHER					
1.	Participation in departmental and faculty meetings, and other academic activities.	5.0	150		report, head of department`s certification
3.					
4.					
5.					
6.					
	TOTAL :	5	150		
	TOTAL (for the entire duration of the training):	180	5400		
ELECTIVE COURSES					
1.	The theory and methodology of physical education	7.0	210		
2.	Theory and methodology of sports training by sport	7.0	210		
3.	Statistical methods in sports-pedagogical research.	7.0	210		
4.	Olympism and the Olympic movement	7.0	210		
5.	Biomechanics and modeling of sports movements	7.0	210		
6.	Topic related to the issues of the dissertation				
7.	Topic related to the issues of the dissertation	7.0	210		

Admission conditions for defense of a doctoral dissertation

The educational and scientific degree "Doctor" is acquired after fulfilling the obligations under Art. 46, para. 2 of the Higher Education Act, Art. 9, para. 2 of Act for the Development of the Academic Staff in the Republic of Bulgaria, section II of the Regulations for the Application of the Act for the Development of the Academic Staff in the Republic of Bulgaria and according to the Terms and conditions for acquiring the educational and scientific degree "Doctor" of the Internal Rules for development of the academic staff of the South-West University "Neofit Rilski".

CURRICULUM NOTES:

1. The individual educational, research, pedagogical and other types of activities in this General Curriculum shall be specified in the individual work plan of each enrolled doctoral student by academic year, indicating details of the relevant hours, forms of implementation and recognition, and other relevant information.

2. The general curriculum reflects all the requirements provided for in the Higher Education Act, the Academic Staff Development Act in the Republic of Bulgaria, the Regulations for the Application of the Academic Staff Development Act in the Republic of Bulgaria and the Internal Rules for Academic Staff Development South -West University "Neofit Rilski".

3. The doctoral student's curriculum must provide opportunities to achieve the minimum national requirements for the relevant scientific field.

DOCTORAL PROGRAMME INFO PACK

PHILOSOPHICAL FOUNDATIONS OF PEDAGOGY AND THEORY AND METHODOLOGY OF PE

ECTS credit: 7.0

Form of knowledge assessment:

90 h. auditorium engagement, 120 h. self-study

Status of the Course: Mandatory

Type of Examination: Written

Methodological guidance:

Chair of Social Pedagogy

Faculty of Pedagogy

Lecturers:

Assoc. Prof. Veska Gyuvyska, Ph.D.

Chair of Social Pedagogy

Phone: + 359886707193

E-mail: v_guviiska@abv.bg

ANNOTATION

Course description

This course is designed for doctoral students in the Faculty of Pedagogy. It is built on key ideas related to philosophical readings of Pedagogy. It covers a set of 10 lectures on original ideas by thinkers from different times, but the main focus is on Modernity and Postmodernity. These include ideological movements such as social constructivism, behaviourism, positivism, Marxism, deconstructivism, etc. The lecture course includes both typically pedagogical concepts and ideas interpreted in a philosophical perspective. It is aimed at the possibility of building a philosophical culture and way of thinking in PhD students, as well as stimulating casuistry, Socraticism, problem solving in Pedagogy. It is addressed to the elaboration of professional reflection in PhD students and has also a pragmatic function to build on a pedagogical fundamental base of ideas and concepts at another code level.

Course objective and tasks

Objective: Doctoral students to acquire knowledge of the basic methodological role that philosophy plays in the development of educational science as a whole.

Tasks : As a result of the training in this subject PhD students should be able to:

- handle the conceptual apparatus of pedagogy at a new code level
- critically analyse philosophical concepts on educational issues
- put into practice experimental ideas in pedagogy
- develop professional reflection when working with a scientific text
- successfully use philosophical ideas on educational issues and enrich their scientific culture

Teaching methods

It is mainly conducted through **lectures**. The content is presented in a problem-based and **interactive mode**. Certain ideas are posed **in a discussion-oriented manner**, for which the PhD students have prior attitude and skills. The presentation is illustrated with **models** and with reference to relevant real-life **case studies**.

Students learn some of the content through **independent work** with the scientific literature.

Expected outcomes

As a result of the study of the issues in this discipline, students should acquire **knowledge** and certain **competences** concerning:

- The methodological significance and role of "Philosophy" for Pedagogy as a science
- The ability to navigate the conceptual schemes and educational strategies involved
- The ability to successfully apply theoretical models to a specific scientific text
- Awareness of the need for philosophical knowledge about pedagogy as a pathway to professional and scientific thinking

METHODOLOGY AND METHODS OF SPORTS PEDAGOGICAL RESEARCH

ECTS credits: 7.0

90 h. auditorium engagement, 120 h. self-study

Assessment Method: Exam

Status of the Course: Mandatory

Semester: I

Type of Examination: Written

Methodological Guidance:

Department of Theory and Methodology of Physical Education

Faculty of Pedagogy

Lecturer: Assoc. Prof. Nevyana Dokova, PhD

E-mail: nevid@swu.bg

Annotation:

The aim of the course "**Methodology and Methods of Sports Pedagogical Research**" is to familiarize doctoral students with the essence and specifics of scientific work, equipping them with the necessary knowledge and skills to conduct research activities and develop their methodological literacy.

Through mastering the fundamental methodological approaches, principles, and methods of research in the field of physical education and sports, as well as gaining proficiency in the statistical methods required for processing empirical data, doctoral students will learn to identify scientific problems, formulate and substantiate scientific theses and hypotheses, conduct experimental work, analyze results, draw conclusions, and prepare scientific reports and dissertations

PROJECT PREPARATION AND MANAGEMENT

ECTS credits: 7.0

15 h. auditorium engagement, 195 h. self-study

Assessment Method: Exam

Status of the Course: Mandatory

Semester: I

Type of Examination: Written

Methodological Guidance:

Department of Theory and Methodology of Physical Education

Faculty of Pedagogy

Lecturer: Assoc. Prof. Ivan Todorov, PhD

E-mail: ivank.todorov@swu.bg

ANNOTATION

The course "Project preparation and management" introduces doctoral students to the main aspects of project development, which are the basis for organizing and managing projects when applying for European Union programs.

The purpose of the course "project Preparation and management" is to provide doctoral students with in-depth knowledge about effective project development, the management process of project creation and implementation, as well as the development of the project budget.

The main tasks that should be solved during the implementation of the curriculum are:

1. Acquisition of theoretical knowledge about the nature, content, and role of projects in the development of the organization's activities;
2. Acquisition of skills in reading and interpreting regulatory documents, which are an integral part of building a project proposal;
3. Acquire the skills to fill out the basic documents that are used when submitting a project proposal;
4. Getting acquainted with the organization of project implementation, monitoring, and control, reporting, and evaluation of the project.

Teaching methods: to ensure high-quality training of doctoral students and achieve their goals, teaching the discipline "Preparation and project management" flexibly combines various methods and forms of training: lectures on knotty topics, case studies, and independent work. The forms of control are also adapted to the nature of the discipline-conducting control checks in the form of discussing case studies during classroom sessions and drawing up a project proposal.

Expected results: doctoral students gain knowledge about the main categories and concepts in project design, implementation, and control. To get acquainted and form a certain level of practical ideas for the application of forms, techniques, and methodologies in the construction of a project proposal, as well as knowledge of their areas of application

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Assoc. prof. Daniela Tomova, PhD

Head of Department „Theory and Methodology of Physical Education“